

鳥貴族 アレルギー・栄養成分情報（TORIKIZOKU Allergy and nutritional information）

<アレルギーに関して>

アレルギー物質（アレルゲン）に対する感受性は個人差がありますので、専門医にご相談の上、お客さまご自身でご判断頂ますようお願いします。

※アレルゲン情報は、仕入先・製造元からの情報をもとに確認しています。

※全てのメニューを同一の厨房で調理しているため、調理の過程において、アレルギー物質が混入する可能性があります。

店内調理器具、及び食器、揚げ油は使い分けいたしておりますませんので、ご理解の上ご注意ください。

<栄養成分に関して>

1人前（焼とりは1人前2串です。）あたりの栄養成分です。

仕入先・製造元・文部科学省「日本食品標準成分表2015版（七訂）」の情報をもとに、当社にて算出した数値となっております。あくまでも目安としてご利用ください。

<リステリア菌について>

以下の使用食材につきましては、製造工程による加熱処理、殺菌等により安全性を確認したものを使用しております。

スライスチーズ、チーズソース、ポテトもち

<Allergies>

As sensitivity to allergens differ by person, please consult with a physician and decide for yourself if the food is safe.

※Allergen information is confirmed based on information from suppliers and manufacturers.

※All menu items are prepared in the same kitchen so allergens may mix into other dishes during the preparation process.

<Nutrition>

Nutrition information is for 1 portion (1 portion of yakitori skewers is 2 skewers).

The numbers are calculated based on information from suppliers, manufacturers and the STANDARD TABLES OF FOOD COMPOSITION IN JAPAN - 2015 - (Seventh Revised Edition) from the Ministry of Education, Culture, Sports, Science and Technology.

<About Listeria monocytogenes>

All the ingredients used in the following dishes undergo heat treatment and sterilization in the manufacturing process and therefore are safe for consumption.

Sliced cheese,Cheese sauce,Potato rice cake

<やきとりのたれ、塩のアレルギー情報 Yakitori Sauce and Salt Allergy Information>

| メニュー名 (Menu item)               | 義務( 8品) |      |       |                |      |      |         |         | 推奨(20品)                |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              | 備考 (Notes) |         |                                     |       |
|---------------------------------|---------|------|-------|----------------|------|------|---------|---------|------------------------|-------|------------|--------|-------------|------------|------|--------|--------|----------|-----|---------|---------|------|--------------------|---------|--------------|------------|---------|-------------------------------------|-------|
|                                 | えび      | かに   | 小麦    | そば             | 卵    | 乳    | 落花生     | くるみ     | あわび                    | いか    | いくら        | オレンジ   | カシューナッツ     | キウイフルーツ    | 牛肉   | ごま     | さけ     | さば       | 大豆  | 鶏肉      | バナナ     | 豚肉   | まつたけ               | もも      | やまいも         |            | りんご     | ゼラチン                                | アーモンド |
| やきとりのたれ<br>Tare(Yakitori Sauce) |         |      | ●     |                |      |      |         |         |                        |       |            |        |             |            |      | ●      |        |          | ●   | ●       |         |      |                    |         |              | ●          |         | 小麦は醤油由来<br>Wheat is soy sauce-based |       |
| 塩<br>Shio(Salt)                 |         |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |            |         |                                     |       |
|                                 | Shrimp  | Crab | Wheat | Soba buckwheat | Eggs | Milk | Peanuts | Walnuts | Abalone                | Squid | Salmon roe | Orange | Cashew nuts | Kiwifruits | Beef | Sesame | Salmon | Mackerel | Soy | Chicken | Bananas | Pork | Matsutake mushroom | Peaches | Japanese yam | Apples     | Gelatin | Almond                              |       |
| Obligated (8 items)             |         |      |       |                |      |      |         |         | Recommended (20 items) |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |            |         |                                     |       |

| カテゴリー    |                  | メニュー名 |   | 義務( 8品) |    |    |    |   |   |     |     | 推奨(20品) |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      | エネルギー<br> <br>(kcal) | たんばく質<br>(g) | 脂質<br>(g) | 炭水化物<br>(g) | 食塩相当量<br>(g) | 備考      |     |      |       |
|----------|------------------|-------|---|---------|----|----|----|---|---|-----|-----|---------|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|----------------------|--------------|-----------|-------------|--------------|---------|-----|------|-------|
|          |                  |       |   | えび      | かに | 小麦 | そば | 卵 | 乳 | 落花生 | くるみ | あわび     | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも |                      |              |           |             |              |         | りんご | ゼラチン | アーモンド |
|          |                  |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |                      |              |           |             |              |         |     |      |       |
| 貴族焼      | もも貴族焼 たれ         |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 231                  | 18.5         | 15.2      | 6.5         | 1.4          | 小麦は醤油由来 |     |      |       |
| 貴族焼      | もも貴族焼 塩          |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    |      |    |      | 208                  | 17.9         | 15.1      | 1.8         | 1.3          |         |     |      |       |
| 貴族焼      | もも貴族焼きスパイス       |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         |         |    | ●  | ●  |    |    |    |     |    |      |    |      | 216                  | 18.2         | 15.2      | 3.3         | 4.6          |         |     |      |       |
| 貴族焼      | むね貴族焼 たれ         |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 165                  | 22.9         | 6.3       | 6           | 1.1          | 小麦は醤油由来 |     |      |       |
| 貴族焼      | むね貴族焼 塩          |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    | ●  | ●  |    |    |    |     |    |      |    |      | 146                  | 22.4         | 6.2       | 2           | 1.2          |         |     |      |       |
| 貴族焼      | むね貴族焼きスパイス       |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         |         |    | ●  | ●  |    |    |    |     |    |      |    |      | 154                  | 22.7         | 6.3       | 3.5         | 4.4          |         |     |      |       |
| 塩焼       | せせり              |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    | ●  | ●  |    |    |     |    |      |    |      | 170                  | 13.4         | 13        | 0           | 0.4          |         |     |      |       |
| 塩焼       | ハート(ハツ)塩         |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    | ●  | ●  |    |    |     |    |      |    |      | 105                  | 8.2          | 8.7       | 0           | 0.4          |         |     |      |       |
| 塩焼       | かわ塩              |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    | ●  | ●  |    |    |     |    |      |    |      | 356                  | 11           | 34.7      | 0           | 1.5          |         |     |      |       |
| 塩焼       | 砂ずり (砂肝)         |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    | ●  | ●  |    |    |     |    |      |    |      | 49                   | 10.3         | 1.1       | 0           | 0.5          |         |     |      |       |
| 塩焼       | やげんなんこつ          |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    | ●  | ●  |    |    |     |    |      |    |      | 119                  | 12.6         | 7.6       | 0           | 0.9          |         |     |      |       |
| 塩焼       | 三角 (ぼんじり)        |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    | ●  | ●  |    |    |     |    |      |    |      | 219                  | 6.5          | 21.5      | 0           | 0.8          |         |     |      |       |
| 塩焼       | ちからこぶ塩           |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    | ●  | ●  |    |    |     |    |      |    |      | 125                  | 12.8         | 9         | 0.4         | 0.7          |         |     |      |       |
| 塩焼       | ささみ塩焼-わさび粗おろし添え- |       |   | ●       |    |    |    |   |   |     |     | ●       |    |     |      |         |         |    | ●  | ●  |    |    |    |     |    |      |    |      | 75                   | 16.9         | 0.7       | 1.3         | 0.4          | 小麦は醤油由来 |     |      |       |
| 塩焼       | 手羽先塩             |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    | ●  | ●  |    |    |     |    |      |    |      | 253                  | 21.3         | 19.8      | 0           | 0.6          |         |     |      |       |
| 塩焼       | つくね塩             |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    | ●  | ●  |    |    |     |    |      |    |      | 152                  | 12.1         | 7.8       | 9.4         | 0.8          |         |     |      |       |
| たれ焼      | ハート(ハツ)たれ        |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 111                  | 8.3          | 8.8       | 1.3         | 0.5          | 小麦は醤油由来 |     |      |       |
| たれ焼      | かわたれ             |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 390                  | 11.9         | 34.9      | 7.1         | 1.7          | 小麦は醤油由来 |     |      |       |
| たれ焼      | きも (レバー)         |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 106                  | 16.3         | 2.7       | 3.2         | 0.8          | 小麦は醤油由来 |     |      |       |
| たれ焼      | ちからこぶたれ          |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 139                  | 13.3         | 9.2       | 2.9         | 0.9          | 小麦は醤油由来 |     |      |       |
| たれ焼      | みたれ (もも肉)        |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 146                  | 12           | 10.1      | 2.7         | 0.8          | 小麦は醤油由来 |     |      |       |
| たれ焼      | 手羽先たれ            |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 270                  | 21.7         | 19.9      | 3.6         | 1.1          | 小麦は醤油由来 |     |      |       |
| たれ焼      | つくねたれ            |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 171                  | 12.6         | 8.2       | 12.8        | 1.5          |         |     |      |       |
| たれ焼      | つくねチーズ焼          |       |   | ●       |    |    | ●  |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 212                  | 15.5         | 11.8      | 12.1        | 1.4          |         |     |      |       |
| 串焼       | もちもちチーズ焼         | ●     | ● | ●       |    | ●  | ●  |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 119                  | 2.6          | 2.1       | 22.4        | 0.5          |         |     |      |       |
| 串焼       | 牛串焼-果実とにんにくの旨味-  |       |   | ●       |    |    | ●  |   |   |     |     |         |    |     | ●    | ●       | ●       |    | ●  | ●  |    |    |    | ●   |    | ●    | ●  |      | 127                  | 7.3          | 9.7       | 2.7         | 0.7          |         |     |      |       |
| 串焼       | きも焼-塩ごま油添え-      |       |   |         |    |    |    |   |   |     |     |         |    |     |      | ●       |         | ●  | ●  |    |    |    |    |     |    |      |    |      | 237                  | 16.3         | 17.7      | 2.8         | 5.5          |         |     |      |       |
| 串焼       | むね明太マヨ焼          |       |   | ●       |    | ●  | ●  |   |   |     |     |         |    |     |      |         |         |    | ●  | ●  |    |    |    |     |    | ●    | ●  |      | 131                  | 16           | 6.9       | 2.2         | 0.9          |         |     |      |       |
| 串焼       | ビーマン肉詰-ボン酢味-     |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         |         | ●  | ●  | ●  |    |    |    |     |    | ●    |    |      | 76                   | 5.2          | 3.4       | 7           | 1.2          |         |     |      |       |
| 串焼       | 豚バラ串焼            |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      | 166                  | 6.1          | 14.9      | 0.1         | 0.3          |         |     |      |       |
| スピードメニュー | 国産枝豆             |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    | ●  |    |    |    |    |     |    |      |    |      | 107                  | 8            | 4.9       | 9.6         | 0.5          |         |     |      |       |
| スピードメニュー | キャベツ盛            |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         |         |    | ●  |    |    |    |    |     |    |      |    |      | 36                   | 2.3          | 0.3       | 8           | 3            | 小麦は醤油由来 |     |      |       |
| スピードメニュー | キャベツ盛+ごま油        |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  |    |    |    |    |     |    |      |    |      | 80                   | 2.3          | 5.3       | 8           | 3            | 小麦は醤油由来 |     |      |       |
| スピードメニュー | 味付煮玉子            |       |   | ●       |    | ●  |    |   |   |     |     |         |    |     |      |         |         |    | ●  |    |    |    |    |     |    |      |    |      | 157                  | 14           | 9.6       | 3.6         | 2.2          |         |     |      |       |
| スピードメニュー | 超！白ねぎ塩こんぶ        |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    | ●  | ●  |    |    |    |     |    |      |    |      | 90                   | 3.3          | 6.2       | 6.7         | 1.5          |         |     |      |       |
| スピードメニュー | 北海道産鰯わさび         |       |   | ●       |    |    |    |   |   |     |     | ●       |    |     |      |         |         |    | ●  |    |    |    |    |     |    | ●    |    |      | 50                   | 4.2          | 0.4       | 7.3         | 2.3          |         |     |      |       |
| スピードメニュー | トリキのチャンジャ        | ●     |   |         |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    |    |    |    |    |    |     |    | ●    |    |      | 27                   | 3.1          | 0.5       | 2.8         | 1.3          |         |     |      |       |
| スピードメニュー | ホルモンねぎ盛ボン酢       |       |   | ●       |    |    |    |   |   |     |     |         |    |     |      |         |         |    | ●  | ●  |    |    |    |     |    | ●    |    |      | 91                   | 10           | 4.2       | 2.8         | 1.1          |         |     |      |       |
| スピードメニュー | 塩だれキューリ          |       |   |         |    |    |    |   |   |     |     |         |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      | 52                   | 1.9          | 3.5       | 4.2         | 2.4          |         |     |      |       |
| スピードメニュー | 親鶏炙り焼マヨサラダ       |       |   | ●       |    | ●  |    |   |   |     |     |         |    |     |      |         |         |    | ●  | ●  |    | ●  |    |     |    | ●    |    |      | 182                  | 7.6          | 13.7      | 7.5         | 1.1          |         |     |      |       |

| カテゴリ       |                      | 義務( 8品) |    |    |    |   |   |     |     | 推奨(20品) |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |             |          |       |         |                  |    |
|------------|----------------------|---------|----|----|----|---|---|-----|-----|---------|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|-----|------|-------|-------------|----------|-------|---------|------------------|----|
|            |                      | えび      | かに | 小麦 | そば | 卵 | 乳 | 落花生 | くるみ | あわび     | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン | アーモンド | エネルギー(kcal) | たんぱく質(g) | 脂質(g) | 炭水化物(g) | 食塩相当量(g)         | 備考 |
|            |                      |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |             |          |       |         |                  |    |
| 逸品料理       | カマンベールコロッケ           |         |    |    |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     | ●    |       | 257         | 4.6      | 11.5  | 30.4    | 1.9              |    |
| 逸品料理       | ひざなんこつ唐揚げ            |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     | ●    |       | 168         | 7.5      | 9.3   | 11.4    | 1.7              |    |
| 逸品料理       | とり天・梅肉ソース添え-         |         |    | ●  |    |   |   |     |     |         |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     |    |      |    |      |     |      | 304   | 18.1        | 15.9     | 21    | 2.4     |                  |    |
| 逸品料理       | チキン南蛮                |         |    |    |    | ● |   |     |     |         |    |     |      |         |         |    | ●  |    | ●  | ●  |    |     |    |      |    | ●    |     |      | 488   | 19.9        | 33.6     | 26    | 2.7     |                  |    |
| 逸品料理       | 鶏皮チップ                |         |    | ●  |    |   |   |     |     |         |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     |    |      |    |      |     |      | 385   | 6           | 36.5     | 6.9   | 0.9     |                  |    |
| 逸品料理       | 北海道 海と大地のポテトサラダ      | ●       | ●  | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    | ●  |    | ●  | ●  |     |    |      |    | ●    | ●   |      | 378   | 11.2        | 24.5     | 27    | 2.5     |                  |    |
| 逸品料理       | 和風とりポテトサラダ           |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    | ●  |    | ●  | ●  |     |    |      |    | ●    |     |      | 335   | 7.4         | 22.2     | 26.9  | 2.3     |                  |    |
| 逸品料理       | ふんわり山芋の鉄板焼           | ●       | ●  | ●  |    | ● |   |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      | ●  | ●    |     |      | 128   | 3.7         | 6.8      | 13.4  | 1.3     |                  |    |
| 逸品料理       | ポテトフライ               |         |    |    |    |   | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      | 359   | 3.5         | 14.7     | 48.3  | 0.7     |                  |    |
| 逸品料理       | トリキの唐揚げ              |         |    | ●  |    |   | ● |     |     |         |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   |      | 322   | 39.1        | 11.8     | 13.5  | 3.4     |                  |    |
| 逸品料理       | 鳥たれかつ丼の頭～温玉添え～       |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      | 387   | 29.4        | 13.1     | 35.3  | 4.2     |                  |    |
| ご飯もの       | とり白湯めん               |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      | 251   | 9.1         | 8.8      | 32.1  | 7.2     |                  |    |
| ご飯もの       | こだわりの醤油ラーメン          |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    | ●  |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      | 196   | 6.6         | 2        | 37.2  | 3.6     |                  |    |
| ご飯もの       | ご飯セット ～温玉添え～ [小]     |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      | 433   | 14.6        | 7.8      | 75    | 3       |                  |    |
| ご飯もの       | ご飯セット ～温玉添え～ [並]     |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      | 511   | 15.9        | 8        | 92.6  | 3       |                  |    |
| ご飯もの       | ご飯セット ～温玉添え～ [大]     |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      | 588   | 17.3        | 8.2      | 110.3 | 3       |                  |    |
| ご飯もの       | 鳥たれかつ丼 [小盛]          | ●       | ●  | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      | 561   | 27.1        | 7        | 95.8  | 4.5     |                  |    |
| ご飯もの       | 鳥たれかつ丼 [並盛]          | ●       | ●  | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      | 639   | 28.5        | 7.2      | 113.4 | 4.5     |                  |    |
| ご飯もの       | 鳥たれかつ丼 [大盛]          | ●       | ●  | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      | 717   | 29.8        | 7.4      | 131   | 4.5     |                  |    |
| ご飯もの       | とり釜飯                 |         |    | ●  |    |   | ● |     |     |         |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      | 403   | 14.4        | 3.5      | 80.4  | 3.6     |                  |    |
| ご飯もの       | とり雑炊                 | ●       | ●  | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    | ●  |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      | 237   | 13          | 7.5      | 29.4  | 5.5     |                  |    |
| ご飯もの       | 鶏旨丼 たれ               | ●       | ●  | ●  |    | ● |   |     |     |         |    |     |      |         |         |    | ●  |    | ●  | ●  | ●  |     |    |      |    | ●    |     |      | 503   | 17.1        | 13       | 80.4  | 2.3     |                  |    |
| ご飯もの       | 鶏旨丼 塩                | ●       | ●  | ●  |    |   | ● |     |     |         |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     |    |      |    | ●    |     |      | 469   | 16.2        | 12.8     | 73.2  | 1       |                  |    |
| デザート       | カタラーナアイス             |         |    |    |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      | 238   | 1.6         | 13.6     | 27.8  | 0.1     |                  |    |
| デザート       | チョコパフェ -チュロ添え-       |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      | 287   | 4.7         | 14.3     | 34.8  | 0.3     |                  |    |
| デザート       | 魅惑のチョコレートみるく         |         |    |    |    |   | ● |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      | 326   | 8.5         | 16.1     | 43.5  | 0.4     |                  |    |
| デザート       | 鳥貴ドームアイス ～いちご～       |         |    |    |    |   | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      | 224   | 2.9         | 5.1      | 42    | 0.1     |                  |    |
| デザート       | 鳥貴ドームアイス ～みたらし～      |         |    | ●  |    |   | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      | 218   | 3           | 5.1      | 40.7  | 0.3     |                  |    |
| 数量限定       | 鶏そば                  |         |    | ●  | ●  | ● | ● |     |     |         |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      | 245   | 11.2        | 5.8      | 34.1  | 5.2     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(8月開始) | とりチーズ焼き              |         |    | ●  |    |   | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | 219   | 19          | 13       | 7.7   | 1.9     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(8月開始) | とり平焼き                |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      | ●  | ●    |     |      | 431   | 28.2        | 30.4     | 10.8  | 1.8     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(8月開始) | ねぎねぎサラダ              |         |    | ●  |    |   |   |     |     |         |    |     |      |         |         |    | ●  |    | ●  |    |    |     | ●  |      |    |      |     |      | 103   | 4.1         | 0.6      | 22.3  | 3.5     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(8月開始) | いちごアイスパフェ            |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    | ●    | ●   |      | 222   | 2.6         | 12.9     | 24.7  | 0.2     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(6月開始) | 白姫えび®串焼              | ●       |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      | 32    | 6.9         | 0.3      | 0.3   | 0.4     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(6月開始) | まるごとえび天串             | ●       |    | ●  |    |   |   |     |     |         |    |     |      |         |         |    |    |    | ●  |    |    |     |    |      |    |      |     |      | 88    | 10.7        | 0.5      | 8.7   | 0.8     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(6月開始) | もっとこだわり国産鰯フライ(タルタル)  |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    | ●    |     |      | 189   | 10.5        | 10.1     | 11.5  | 0.7     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(6月開始) | もっとこだわり国産鰯フライ(わさび醤油) |         |    | ●  |    |   | ● |     |     |         |    | ●   |      |         |         |    |    |    | ●  | ●  |    |     |    |      |    |      |     |      | 127   | 10.6        | 3.1      | 11.6  | 1.7     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(6月開始) | もっとこだわり国産鰯フライ(塩)     |         |    | ●  |    |   | ● |     |     |         |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      | 116   | 9.9         | 3        | 9.6   | 2.3     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(6月開始) | 濃厚魚介豚骨ラーメン           |         |    | ●  |    | ● | ● |     |     |         |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      | 350   | 12.5        | 20.2     | 29.6  | 7.2     | 数量限定販売(なくなり次第終了) |    |
| 数量限定(4月開始) | 手羽先バンザイ ～カレー味～       |         |    |    |    | ● |   |     |     |         |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    | ●    |     |      | 620   | 42          | 50.6     | 0.6   | 1       | 数量限定販売(なくなり次第終了) |    |

[illegible]

|            |             | 義務( 8品) |    |    |    |   |   |     |     | 推奨(20品) |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |                  | エネルギー<br>アイ<br>モンド<br>(kcal) | 備考 |
|------------|-------------|---------|----|----|----|---|---|-----|-----|---------|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|-----|------|------------------|------------------------------|----|
|            |             | えび      | かに | 小麦 | そば | 卵 | 乳 | 落花生 | くるみ | あわび     | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン |                  |                              |    |
| カテゴリ       | メニュー名       |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |                  |                              |    |
| ソフトドリンク    | ウーロン茶       |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 2    |                  |                              |    |
| ソフトドリンク    | オレンジジュース    |         |    |    |    |   |   |     |     |         |    | ●   |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 107  |                  |                              |    |
| ソフトドリンク    | コーラ         |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 113  |                  |                              |    |
| ソフトドリンク    | ジンジャーエール    |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 94   |                  |                              |    |
| ソフトドリンク    | ホットウーロン茶    |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 2    |                  |                              |    |
| ソフトドリンク    | レモネード       |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 121  |                  |                              |    |
| ソフトドリンク    | レモンスカッシュ    |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 121  |                  |                              |    |
| ソフトドリンク    | カルピスウォーター   |         |    |    |    |   | ● |     |     |         |    |     |      |         |         |    |    |    | ●  |    |    |     |    |      |    |      |     | 211  |                  |                              |    |
| クラフトジュース   | 大人のジンジャーソーダ |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 141  |                  |                              |    |
| クラフトジュース   | 大人のホットジンジャー |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 141  |                  |                              |    |
| クラフトジュース   | ミックスジュース    |         |    |    |    |   | ● |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     | ●  |      |    | ●    |     | 219  |                  |                              |    |
| コーヒー       | アイスコーヒー     |         |    |    |    |   | ● |     |     |         |    |     |      |         |         |    |    |    | ●  |    |    |     |    |      |    |      |     | 47   |                  |                              |    |
| コーヒー       | ホットコーヒー     |         |    |    |    |   | ● |     |     |         |    |     |      |         |         |    |    |    | ●  |    |    |     |    |      |    |      |     | 39   |                  |                              |    |
| 数量限定(8月開始) | 沖縄バインロック    |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 118  | 数量限定販売(なくなり次第終売) |                              |    |
| 数量限定(8月開始) | 沖縄バインソーダ    |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 118  | 数量限定販売(なくなり次第終売) |                              |    |
| 数量限定(8月開始) | こい甘ももロック    |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    | ●    |    |      |     | 113  | 数量限定販売(なくなり次第終売) |                              |    |
| 数量限定(8月開始) | こい甘ももソーダ    |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    | ●    |    |      |     | 113  | 数量限定販売(なくなり次第終売) |                              |    |
| 数量限定(8月開始) | 国産いちごスカッシュ  |         |    |    |    |   |   |     |     |         |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     | 102  | 数量限定販売(なくなり次第終売) |                              |    |
| 数量限定(6月開始) | バインレモンソーダ   |         |    |    |    |   |   |     |     |         |    | ●   |      |         |         |    |    |    |    |    |    |     |    |      |    |      | ●   | 154  | 数量限定販売(なくなり次第終売) |                              |    |

[illegible]

|  |  | Obligated (8 items) |  |  |  |  |  |  |  | Recommended (20 items) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |    |
|--|--|---------------------|--|--|--|--|--|--|--|------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|----|
|  |  |                     |  |  |  |  |  |  |  |                        |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | </ |

|                     |                                           | Obligated (8 items) |      |       |                |      |      |         |         | Recommended (20 items) |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         |        |          |  |
|---------------------|-------------------------------------------|---------------------|------|-------|----------------|------|------|---------|---------|------------------------|-------|------------|--------|-------------|------------|------|--------|--------|----------|-----|---------|---------|------|--------------------|---------|--------------|--------|---------|--------|----------|--|
|                     |                                           | Shrimp              | Crab | Wheat | Soba buckwheat | Eggs | Milk | Peanuts | Walnuts | Abalone                | Squid | Salmon roe | Orange | Cashew nuts | Kiwifruits | Beef | Sesame | Salmon | Mackerel | Soy | Chicken | Bananas | Pork | Matsutake mushroom | Peaches | Japanese yam | Apples | Gelatin | Almond | Calories |  |
| Category            | Menu item                                 |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | (kcal) | Notes    |  |
| Beer                | The Premium Malt's                        |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 120    |          |  |
| Mega                | Mega Kinnmugi Beer                        |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 249    |          |  |
| Mega                | Mega Highball (Jim Beam)                  |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 135    |          |  |
| Mega                | Mega Lemon Sour                           |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 113    |          |  |
| Sho-chu Highball    | Calpis Sho-chu Highball                   |                     |      |       |                |      | ●    |         |         |                        |       |            |        |             |            |      |        |        |          | ●   |         |         |      |                    |         |              |        |         | 203    |          |  |
| Sho-chu Highball    | Otokoume Sour                             |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 94     |          |  |
| Sho-chu Highball    | Toriki Sour                               |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 118    |          |  |
| Lemon Sour          | Kodawari Sakaba Lemon Sour                |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 72     |          |  |
| Lemon Sour          | Light Lemon Sour                          |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 85     |          |  |
| Whisky              | Kaku                                      |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 70     |          |  |
| Whisky              | Jim Beam White                            |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 68     |          |  |
| Whisky              | CHITA                                     |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 68     |          |  |
| Highball            | KAKU Highball                             |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 70     |          |  |
| Highball            | CHITA Highball                            |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 68     |          |  |
| Highball            | Cola Highball (Whisky&Cola)               |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 129    |          |  |
| Highball            | Ginger Highball (Whisky&Ginger Ale)       |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 119    |          |  |
| Tea Highball        | Oolong Tea Hai                            |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 63     |          |  |
| Tea Highball        | Green Tea Hai                             |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 65     |          |  |
| Japanese Gin        | Sui Gin Soda                              |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 68     |          |  |
| Japanese Gin        | SUI Gin & Tonic                           |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 113    |          |  |
| Japanese Gin        | SUI Gin & Orange                          |                     |      |       |                |      |      |         |         |                        |       |            | ●      |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 127    |          |  |
| Japanese Gin        | SUI Gin & Cola                            |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 130    |          |  |
| Japanese Gin        | SUI Gin & Ginger Ale                      |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 120    |          |  |
| Cocktails           | Cassis with Orange Juice                  |                     |      |       |                |      |      |         |         |                        |       |            | ●      |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 132    |          |  |
| Cocktails           | Cassis with Milk                          |                     |      |       |                |      | ●    |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 150    |          |  |
| Cocktails           | Lemon with Cassis                         |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 140    |          |  |
| Beer Cocktail       | Shandy Gaff                               |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 124    |          |  |
| Beer Cocktail       | Beer Cola                                 |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 136    |          |  |
| Beer Cocktail       | Beer Lemon                                |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 142    |          |  |
| Fruit Liqueur       | Mandarin Orange Liqueur with Orange Juice |                     |      |       |                |      |      |         |         |                        |       |            | ●      |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 117    |          |  |
| Wine                | TORIKIWHITE (White Wine)                  |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 131    |          |  |
| Wine                | TORIKIRED (Red Wine)                      |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 122    |          |  |
| Sho-chu             | Kuro kirishima (Sweet Potato)             |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 128    |          |  |
| Sho-chu             | Osumi(Barley)                             |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 129    |          |  |
| Japanese Sake       | Shochikubai Goukai Pure Rice Sake (Cup)   |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 181    |          |  |
| Umeshu Plum Liqueur | Kishu Nanko Plum Liqueur                  |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 157    |          |  |
| Non-alcohol         | All Free                                  |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         | 0      |          |  |
|                     |                                           |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |         |        |          |  |



|                  |                                  | Obligated (8 items) |      |       |                |      |      |         |         | Recommended (20 items) |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        | Calories<br>(kcal) | Notes |         |                  |
|------------------|----------------------------------|---------------------|------|-------|----------------|------|------|---------|---------|------------------------|-------|------------|--------|-------------|------------|------|--------|--------|----------|-----|---------|---------|------|--------------------|---------|--------------|--------|--------------------|-------|---------|------------------|
|                  |                                  | Shrimp              | Crab | Wheat | Soba buckwheat | Eggs | Milk | Peanuts | Walnuts | Abalone                | Squid | Salmon roe | Orange | Cashew nuts | Kiwifruits | Beef | Sesame | Salmon | Mackerel | Soy | Chicken | Bananas | Pork | Matsutake mushroom | Peaches | Japanese yam | Apples |                    |       | Gelatin | Almond           |
| Category         | Menu item                        |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       |         |                  |
| Soft Drinks      | Oolong Tea                       |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 2       |                  |
| Soft Drinks      | Orange Juice                     |                     |      |       |                |      |      |         |         |                        |       | ●          |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 107     |                  |
| Soft Drinks      | Cola                             |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 113     |                  |
| Soft Drinks      | Ginger Ale                       |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 94      |                  |
| Soft Drinks      | Hot Oolong Tea                   |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 2       |                  |
| Soft Drinks      | Lemonade                         |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 121     |                  |
| Soft Drinks      | Lemon Squash                     |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 121     |                  |
| Soft Drinks      | Calpis Water                     |                     |      |       |                |      | ●    |         |         |                        |       |            |        |             |            |      |        |        |          | ●   |         |         |      |                    |         |              |        |                    |       | 211     |                  |
| Craft Juice      | Ginger Soda                      |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 141     |                  |
| Craft Juice      | Hot Ginger                       |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 141     |                  |
| Craft Juice      | Mixed Juice                      |                     |      |       |                |      | ●    |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    | ●       |              | ●      |                    |       | 219     |                  |
| Coffee           | Iced Coffee                      |                     |      |       |                |      | ●    |         |         |                        |       |            |        |             |            |      |        |        |          | ●   |         |         |      |                    |         |              | ●      |                    |       | 47      |                  |
| Coffee           | Hot Coffee                       |                     |      |       |                |      | ●    |         |         |                        |       |            |        |             |            |      |        |        |          | ●   |         |         |      |                    |         |              |        |                    |       | 39      |                  |
| Limited quantity | Okinawa Pineapple (On the Rocks) |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 118     | Limited quantity |
| Limited quantity | Okinawa Pineapple (With Soda)    |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 118     | Limited quantity |
| Limited quantity | Koiama Peach (On the Rocks)      |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    | ●       |              |        |                    |       | 113     | Limited quantity |
| Limited quantity | Koiama Peach (With Soda)         |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    | ●       |              |        |                    |       | 113     | Limited quantity |
| Limited quantity | Japanese Strawberry Soda         |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       | 102     | Limited quantity |
| Limited quantity | Pineapple Lemon Soda             |                     |      |       |                |      |      |         |         |                        |       | ●          |        |             |            |      |        |        |          |     |         |         |      |                    |         |              | ●      |                    |       | 154     | Limited quantity |
|                  |                                  |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       |         |                  |
|                  |                                  |                     |      |       |                |      |      |         |         |                        |       |            |        |             |            |      |        |        |          |     |         |         |      |                    |         |              |        |                    |       |         |                  |